## Healthy Homes for Community Health Workers



The National Healthy Homes Training Center and Network has created a course for Community Health Workers (CHWs) to teach them how to provide healthy homes information to community members. The Healthy Homes for Community Health Workers course is targeted to individuals who work as health advocates in their communities.

This course will train CHWs to provide one-on-one and large group education on healthy homes, provide advice about specific healthy homes problems, and be able to recommend healthy homes actions to be taken by families, landlords and other community members.

## **Learning Objectives**

- Describe at least one housing condition and the health problems associated with them
- · Identify one population that may be at higher risk for housing related disease and injury
- Describe two steps to reduce household hazards
- Name one health hazard in the home that's related to excessive moisture
- · Identify two sources of moisture in the home
- Describe two strategies for controlling moisture in the home
- List one contaminant or allergen that is frequently found in house dust and its health effect
- Describe one way allergens or contaminants get into house dust
- Identify at least two strategies to reduce allergens or contaminates in house dust
- Name one illness or injury associated with pest infestation
- Identify one clue of pest infestation
- · Identify the two strategies associated with an IPM approach
- Name two unhealthful conditions associated with poor ventilation
- List two things in a household that need ventilation
- List at least two household contaminants that can be removed by ventilation
- Describe two ways ventilation reduces air contaminant levels
- Name the three most common home injury related causes of death
- Identify the age group at most risk for injuries and falls
- Name at least two locations to look for safety hazards in the home
- Name at least two ways to prevent home injury
- Describe at least two ways that contaminants get into the home
- Identify at least two health effects and their associated contaminant
- Name at least one system that requires ongoing maintenance
- Demonstrate delivery of at least one of the 7 Healthy Homes Principles to community members
- Develop a toolkit for delivering training on a one-on-one basis or a group setting

## **Healthy Homes for Community Health Workers**



## Requirement for contact hour award:

- Attend entire training
- Complete nursing objective form in Survey Monkey
- Complete post-course evaluation in the learning management system

This continuing nursing education activity was approved by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approval valid through August 14, 2017. Assigned ONA #18355.

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