## **Essentials for Healthy Homes Practitioners**

## **Learning Objectives**

- 1. Describe at least four housing conditions and the health problems associated with them.
- 2. Demonstrate how to characterize risk using the epidemiological triangle.
- 3. Identify three populations that may be at higher risk for housing related disease and injury.
- 4. Identify three important housing systems that contribute to a comfortable living space.
- 5. Identify three types of codes that can be used to enforce remediation of housing-based health threats.
- 6. Name three health hazards in the home that are related to excessive moisture.
- 7. Identify four sources of moisture in the home.
- 8. Describe five strategies for controlling moisture in the home.
- 9. List three contaminants or allergens that are frequently found in house dust and their health effects.
- 10. Describe three ways allergens or contaminants get into house dust.
- 11. Identify at least three strategies to reduce allergens or contaminants in house dust.
- 12. Name three illnesses or injuries associated with pest infestation.
- 13. Identify three clues of pest infestation.
- 14. Identify the three strategies associated with an IPM approach.
- 15. Name two illegal pesticides that may be used in the home.
- 16. Name five unhealthful conditions associated with poor ventilation.
- 17. List five things in a household that need ventilation.
- 18. Name three things that power airflow in a building.
- 19. List at least three household contaminants that can be removed by ventilation.
- 20. Describe two ways ventilation reduces air contaminant levels.
- 21. Explain the difference between an injury and an accident.
- 22. Name the three most common home injury-related causes of death.
- 23. Name five locations to look for safety hazards in the home.
- 24. Name five ways to prevent home injury.
- 25. Identify at least four contaminants in the home and strategies to prevent, contain or control them.
- 26. Describe at least four ways that contaminants get into the home.
- 27. Identify at least three health effects and their associated contaminant.
- 28. Name at least three systems that require ongoing maintenance.
- 29. Identify two maintenance actions that require the use of a professional.
- 30. Name at least two provisions of a code that could be used to cite a hazard in the home.
- 31. Explain why a partnership with the community is essential.
- 32. Identify five important players involved in healthy homes issues.
- 33. Identify three sources of data and where you might find them.
- 34. Explain why data collection and analysis are important in delivering healthy housing services.
- 35. List two things that could be observed in a home that must be reported and two that are discretionary.



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