

Diagnostic Quick Reference

Signs and Symptoms	Environmental Tobacco Smoke pg. 5	Other Combustion Products pg. 7	Biological Pollutants pg. 10	Volatile Organics pg. 13	Heavy Metals pg. 15	Sick Bldg. Syndrome pg. 17
Respiratory						
Rhinitis, nasal congestion	■	■	■	■		■
Epistaxis				■ ¹		
Pharyngitis, cough	■	■	■	■		■
Wheezing, worsening asthma	■	■		■		■
Dyspnea	■ ²		■			■
Severe lung disease						■ ³
Other						
Conjunctival irritation	■	■	■	■		■
Headache or dizziness	■	■	■	■	■	■
Lethargy, fatigue, malaise		■ ⁴	■ ⁵	■	■	■
Nausea, vomiting, anorexia		■ ⁴	■	■	■	
Cognitive impairment, personality change		■ ⁴		■	■	■
Rashes			■	■	■	
Fever, chills			■ ⁶		■	
Tachycardia		■ ⁴			■	
Retinal hemorrhage		■ ⁴				
Myalgia				■ ⁵		■
Hearing loss				■		

1. Associated especially with formaldehyde. 2. In asthma. 3. Hypersensitivity pneumonitis, Legionnaires' Disease. 4. Particularly associated with high CO levels. 5. Hypersensitivity pneumonitis, humidifier fever. 6. With marked hypersensitivity reactions and Legionnaires' Disease.

Particular Effects Seen in Infants and Children

Environmental Tobacco Smoke: frequent upper respiratory infections, otitis media; persistent middle-ear effusion; asthma onset, increased severity; recurrent pneumonia, bronchitis.

Acute Lead Toxicity: irritability, abdominal pain, ataxia, seizures, loss of consciousness.