MODULE 2: CONDUCT A HOME ASSESSMENT



Healthy Housing Solutions Inc.

CONDUCT A HOME ASSESSMENT



Practice identifying health-related hazards based on the 8 Principles/Keep-its.



Explain practical techniques for conducting home assessments.



Correctly fill out assessment tool in the field.



Conduct an onsite assessment.





WELL, WHAT DO YOU KNOW DEVELOP AN ACTION PLAN

- List the 8 Keep-Its (without peaking)
- Explain what is meant by the "active puppy" approach to home inspections.
- T or F: Mold is killed by cool temperatures?
- List three most problematic pests.
- List 4 signs of cockroaches.
- Define frass.
- Name the one keep-it that overlaps most heavily with every other keep-it.
- Name the 3 mechanical systems that are key to keeping it climate-controlled.







THE HOME ASSESSMENT PROCESS

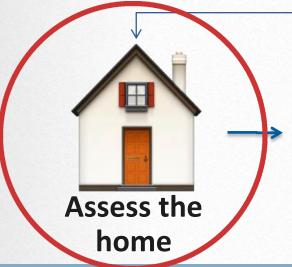






Interview resident (Environmental History)

Determine need for/scope of assessment





Create an action plan



Interventions/
Education



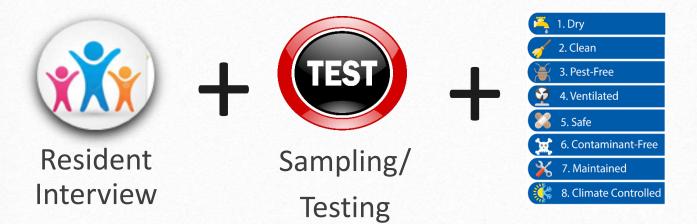
Professional Follow-up







Goal: Identify Hazards





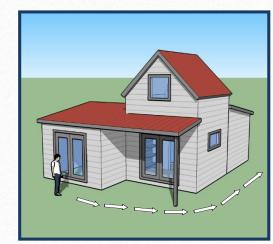
Building Assessment

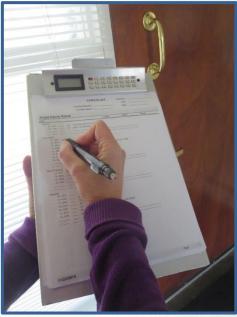




HOME INSPECTIONS: THE ACTIVE PUPPY APPROACH

- 1. Survey outside.
- 2. Survey inside.
- 3. Inspect outside.
- 4. Inspect inside.





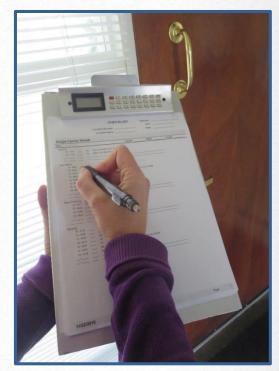
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JUST HAVE A SYSTEM!

- If you are consistent in your approach, you'll be less likely to miss something.
- You may even have a standard system within a room.



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SMALL GROUP ACTIVITY: IDENTIFY THE KEEP-ITS



- 1. Identify a Scribe and a Spokesperson.
- 2. For your assigned Keep-It, list the deficiencies typically associated with it.
- 3. Then identify at least one solution for each deficiency.
- 4. Transfer the information to the chart paper.
- 5. Be prepared to report out







INDIVIDUAL ACTIVITY: IDENTIFYING HAZARDS



- View images related to 8 Keep-Its.
- Identify and record deficiencies related to each image.
- For each deficiency, suggest a corresponding solution.
- Add any notes (E.g., additional information needed)







Keep It



Common Sources of Water & Moisture Problems

- Ground Water Intrusion: basements, crawl spaces, slab on grade foundations
- Roof and building envelope leaks
- Ice dams
- Plumbing leaks
- Condensation in wall, floor and ceiling cavities
- Moisture generated by residents, day-to-day activities
- Others?



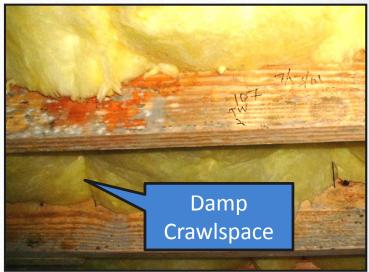




MOLD

- Feeds on organic materials
 Wood, paper, sheetrock
- Thrives in warm, moist environments
 - 40° F to 100° F
 - o 70% RH humidity
 - Excess moisture: flooding, roof and plumbing leaks
- Is NOT killed by cold













1) Groundwater



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2) GROUNDWATER





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3) CRAWLSPACE









CRAWLSPACE: SOLUTION







4) CEILING BENEATH ATTIC







5) CEILING BENEATH BATHROOM







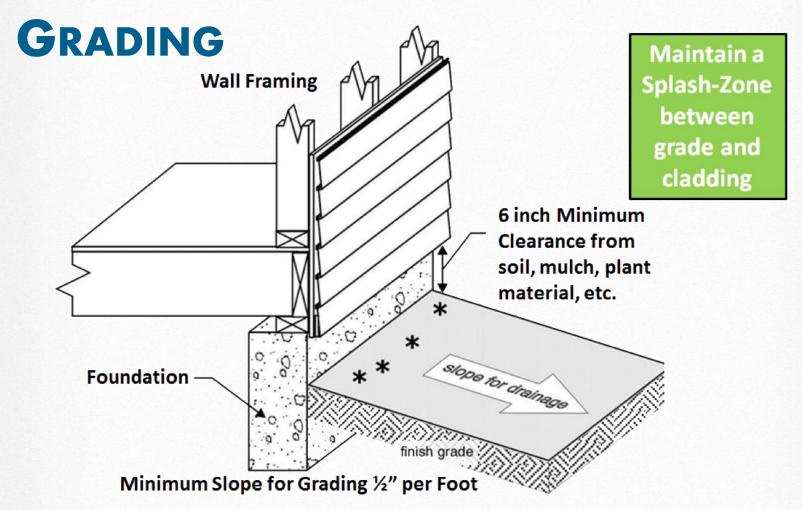
6) BATHROOM







STORM WATER MANAGEMENT (SWM):





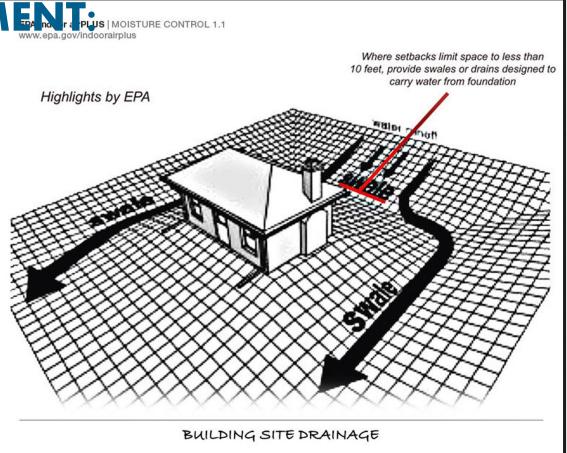


STORM WATER

MANAGEM FA NOIT & PLUS | MOISTURE CONTROL 1.1

WWW.epa.gov/indoorairplus

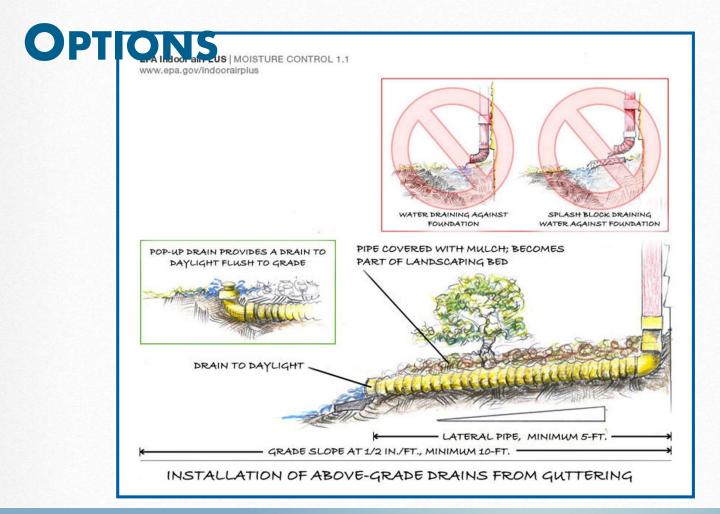
Highlights by FPA







SWM: DOWNSPOUT OUTLET







SWM: DOWNSPOUT OUTLET OPTIONS











SWM: DOWNSPOUT OUTLET OPTIONS









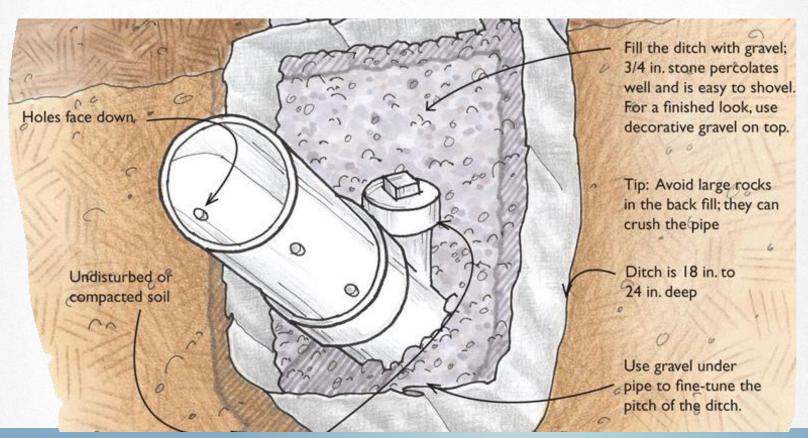
SWM: DOWNSPOUT OUTLET OPTIONS







THE IDEAL DRAIN LEADER FOR SITES WITH GRADING PROBLEMS



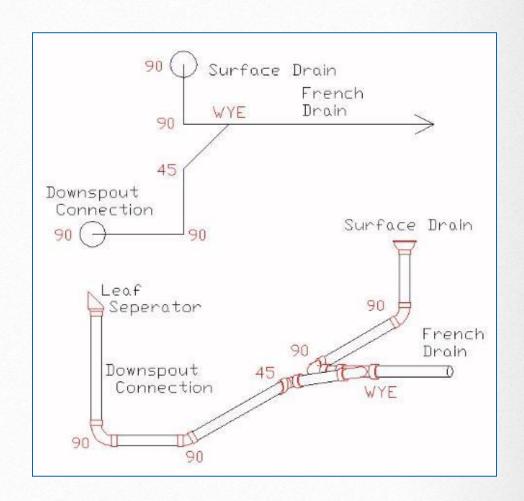






SWM: DRAIN LEADER

- AKA: French Drain
- Purpose: Move
 water away from
 house to point
 where it can safely
 percolate into soil

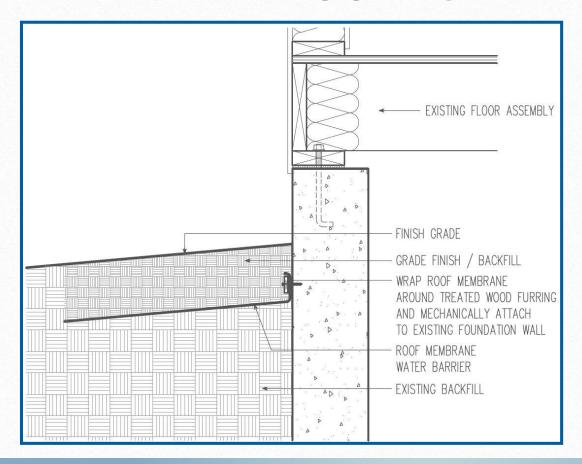








EXTERIOR RETROFITTED SUB-GRADE MEMBRANE WATERPROOFING







Those (dam\$%d) Ice Dams





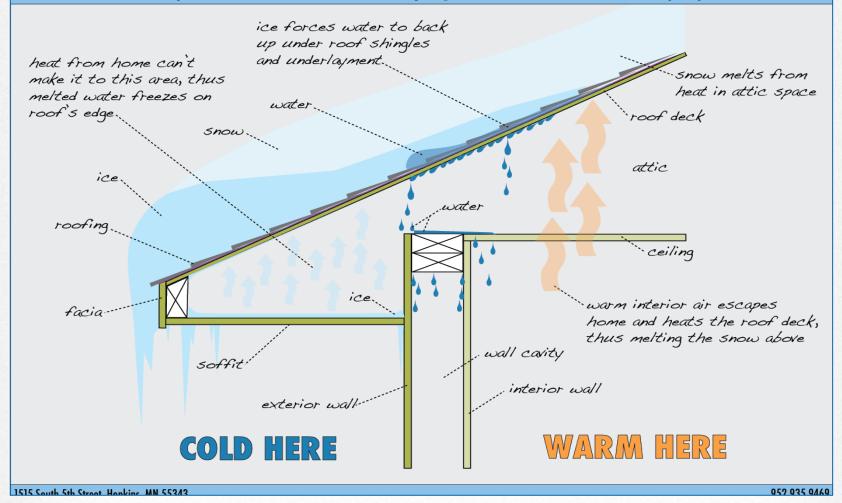




ANATOMY OF AN ICE DAM

Illustration by Steve Kuhl, The Ice Dam Company

www.theicedamcompany.com









7) WINDOWS







WINDOWS: SOLUTION









am

MOISTURE METER

- Measures the % of water in a material
- Can confirm existence of water leak or moisture problem
- Can "map" moisture levels to identify the source.
- \$100 \$450.

Mini-Ligno S/DC \$140







KEEP IT



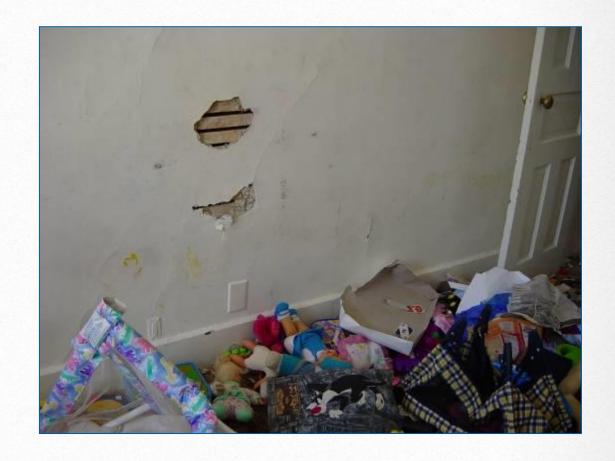
2. Clean

- Cleanability is Key
- Horizontal surfaces are the highest priority
- Then walls, ceilings and finishes
- Look for signs of wear that affect cleanability
- And don't forget to educate the resident!



EDUCATE RESIDENTS ABOUT...

- Clutter
- Harborage

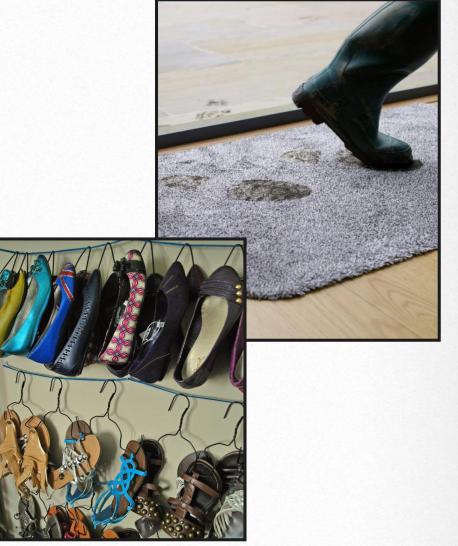






CLEANABILITY





©Jayne Windham: Livable Housing Inc.







CLEANABILITY: FLOORING VS CARPETS







CLEANABILITY: FLOORING VS CARPETS







KEEP IT



Trigger asthma & allergies

Cause infection from bites

Transmit disease

Contaminate food

 Can lead to the (appropriate or inappropriate) use of pesticides











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HOW DO WE KNOW IF WE HAVE A PROBLEM?

- Ask the occupants.
- Look for visible signs.
- "Sniff" for odors.
- Take a census.
- If you see the actual pests you likely have a huge problem!





THE PESTIEST OF PESTS!

- Cockroaches
- Rodents: mice and rats
- Bed Bugs





SIGNS OF COCKROACHES:

Live cockroaches

Cockroach parts and shed skins

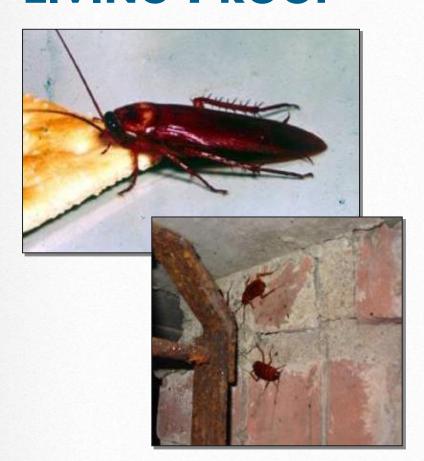
- Frass
- Egg cases



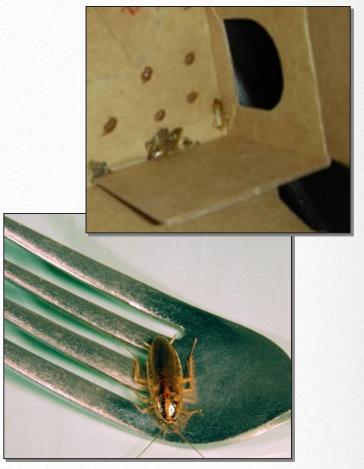




SIGNS OF COCKROACHES: LIVING PROOF



American Cockroaches



German Cockroaches





SIGNS OF COCKROACHES: WHERE THEY LIVE

- Anywhere!
- Where there's water, food, and harborage
- In cracks and crevices where their bodies touch surfaces above and below









SIGNS OF COCKROACHES: SHED SKINS AND PARTS



German cockroaches on a sticky trap

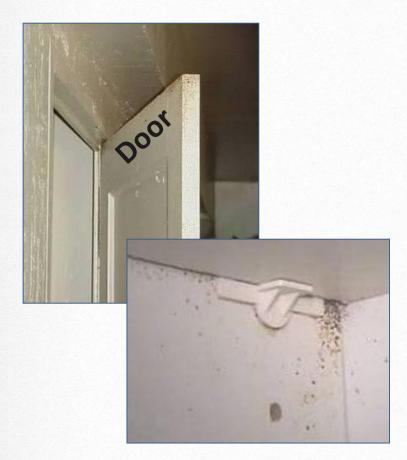


Brown banded cockroaches by a door hinge





SIGNS OF COCKROACHES: FRASS



Under a cabinet shelf



Behind the wall clock





























KEEP IT



- To control moisture
- To dilute toxic consumer products
- To dilute toxic building material emissions
- To dilute emissions from biological sources
- To dilute tobacco smoke and cooking contaminants





SIGNS OF VENTILATION ISSUES



- Mold
- Odor

AREAS OF VENTILATION PROBLEMS

- Kitchen
- Bathroom
- Laundry room









TEST FAN PERFORMANCE



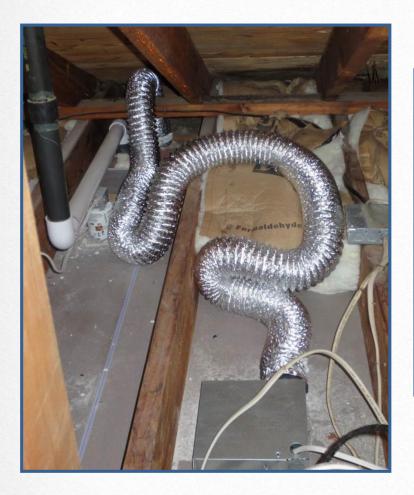
One sheet double-ply = about 25 CFM Two sheets = about 50 CFM Copy paper = at least 90/100 CFM





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12) EXHAUST FANS











DUCT SIZE & MATERIAL

TABLE 7.1 PRESCRIPTIVE DUCT SIZING REQUIREMENTS (FROM ASHRAE 62.2)								
Duct Type	Flex Duct				Smooth Duct			
Fan Rating (cfm at 0.25 in. w.g.)	50	80	100	125	50	80	100	125
	Maximum Allowable Duct Length (ft)							
Diameter, (in)	Flex Duct				Smooth Duct			
3	Χ	Х	Х	Χ	5	Х	Χ	X
4	70	3	Х	Х	105	35	5	Х
5	NL	70	35	20	NL	135	85	55
6	NL	NL	125	95	NL	NL	NL	145
7 and above	NL	NL	NL	NL	NL	NL	NL	NL

This table assumes no elbows. Deduct 15 ft of allowable duct length for each turn, elbow, or fitting. Interpolation and extrapolation in Table 7.1 is not allowed. For fan rating values not listed, use the next higher value. This table is not applicable for fan ratings > 125 cfm.

NL = no limit on duct length of this size.

X = not allowed, any length of duct of this size with assumed turns and fittings will exceed the rated pressure drop (0.25 in w.g.).

Note: water gauge (w.g). is the same as water column (w.c.)





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13) RECIRCULATING RANGE HOOD









14) VENTED RANGE HOOD







KEEP IT 15) **STAIRWELL**

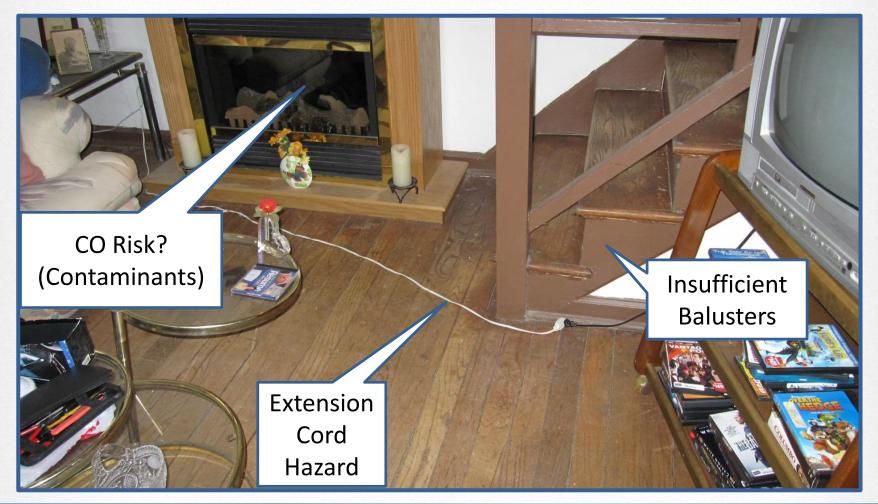


Does the door open fully? Lighting? 2 handrails may be better. Slippery rug?





16) FAMILY ROOM



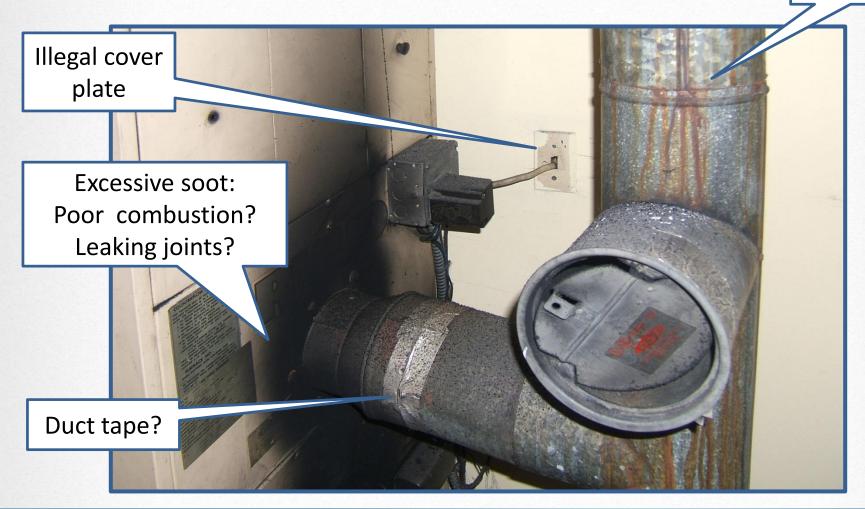




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17) HEATING/COOLING SYSTEM

Corrosion









18) **ELECTRICITY**

Electrical cable chaffing on edge of siding

Pest superhighway







BATHROOM SAFETY

- Grab bar placement
- Outside shower controls







RAMP SAFETY





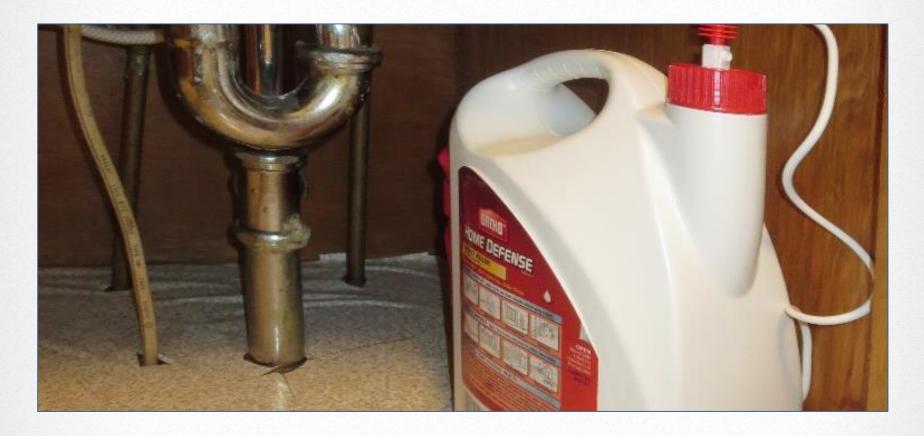




KEEP IT



6. Contaminant-Free









AVOID CONTAMINANTS!

- Use low VOC paints, caulks and sealants
- Avoid installing products with formaldehyde
- Use lead-safe work practices (LBP testing)
- Know how to recognize and handle asbestos
- · Clean: Remove contaminants in household



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CONTAMINANTS: ASBESTOS

- Use banned in 1977
- Still found in old products, vinyl tiles, insulation

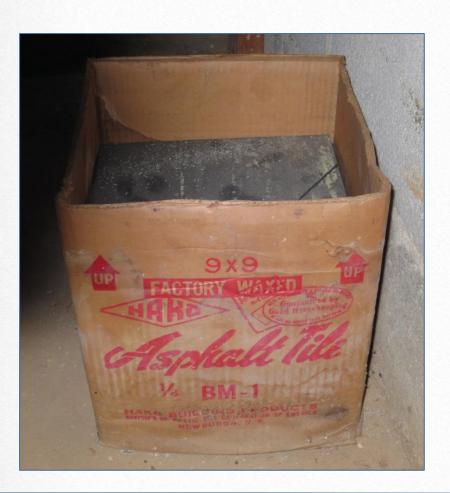








CONTAMINANTS: ASBESTOS TILES



- Almost always 9 X 9
- Easy to spot compared to the standard 12 X 12 Vinyl Composition Tiles (VCT)





MORE WAYS TO AVOID CONTAMINANTS!



- Radon: Test and address
- CO: Install and maintain up-to-code alarms
- ETS: Educate Residents
- Atmospherically vented appliances: Combustion Appliance Zone Testing (CAZ)





CAZ TESTING

BPI Certified Combustion Appliance Zone Testing (CAZ)

- 1. Gas pipe leakage
- 2. Combustion efficiency
- 3. Spillage
- 4. Draft
- 5. CO







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Draw & Flue Gas Testing







Gas Leak Testing

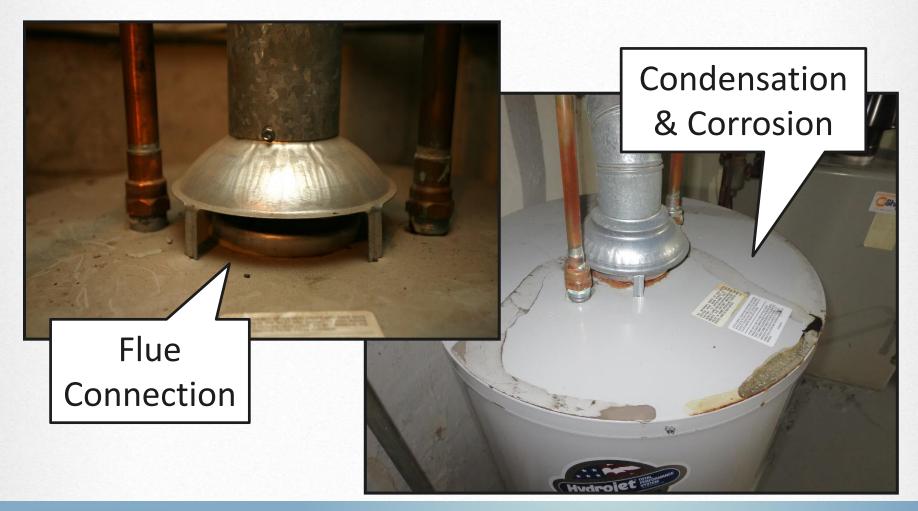






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VISUAL CUES FOR BACKDRAFTING







CO DETECTORS/ALARMS

10 year Lithium Ion Battery



Plug-In



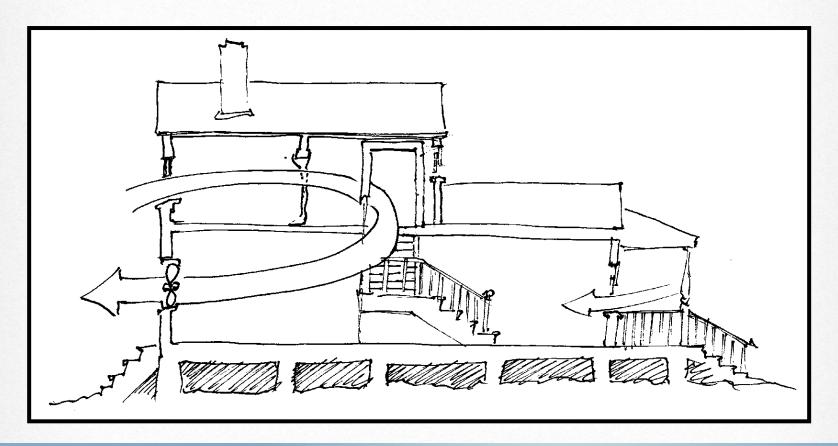
10 year
Battery with
Display
30PPM +







ASSESS FOR MECHANICAL VENTILATION & FUNCTION







KEEP IT



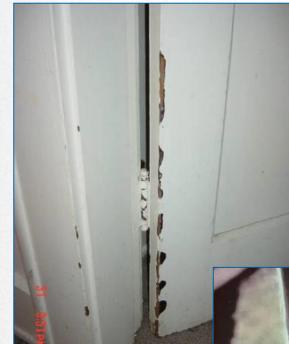
- Inspect
- Clean
- Lubricate mechanical appliances
- Repair
- Replace
- Organize





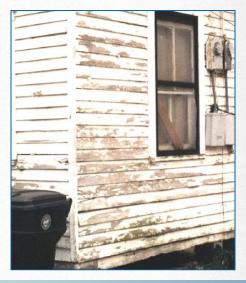


18) PAINT















PEELING PAINT OUTSIDE







LEAD: AGE OF HOUSING MATTERS

Year House Was Built	Percent of Houses with Lead-Based Paint
Before 1940	87 percent
1940-1959	69 percent
1960-1978	24 percent
All US Housing Stock	40 percent







KEEP IT



8. Climate Controlled

Climate-control Systems:

- Heating
- Cooling
- Ventilation
- House as a System









INFRARED THERMOMETER



Extech Mini Infrared Thermometer - (8:1) - \$70

- Affordable thermal infrared camera
- ~\$60 \$250
- Instantaneous, digital reading
- Helps to identify materials that are moist, (since condensation of moisture results in cooling)





REVIEW: CAN YOU...List the 8 Keep-Its (without peaking)



1. Dry



2. Clean



3. Pest-Free



4. Ventilated



5. Safe



6. Contaminant-Free



7. Maintained



8. Climate Controlled



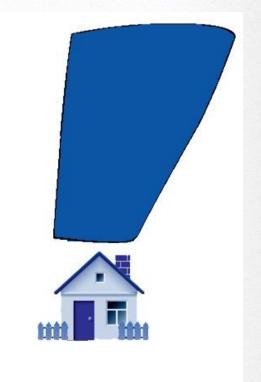






Explain what is meant by the "active puppy" approach to home inspections?

- > Survey Outside
- Survey Inside
- > Inspect Outside
- > Inspect Inside





True or false: mold is killed by cool temperatures?

False





List the three most problematic pests?

- > Cockroaches
- > Rodents
- Bed bugs

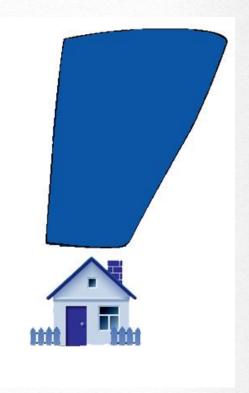






List the four signs of cockroaches?

- > Live cockroaches
- Cockroach bodies and parts
- > Frass
- > Egg cases





Define frass?

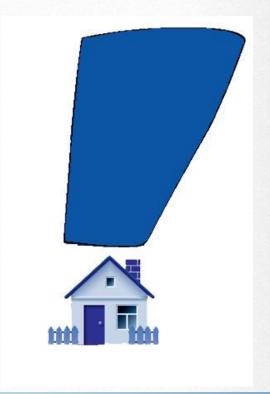
Cockroach poop





Name the one-keep that overlaps most heavily with every other keep-it?

Keep It Maintained





List the three mechanical systems that are key to keeping it climate-controlled?

- > Heating
- > Cooling
- > Ventilation





SMALL GROUP ACTIVITY: ONSITE VISIT DEBRIEFING



- Work in small groups.
- Identify the top 5 hazards for each room.
- Identify the top 5 hazards for the house as a whole, explaining:
 - What the health risk(s) is/are
 - If the health risks are acute or chronic
 - The ranking, from most to least serious

